

YELLOWKNIFE DIRECT CHARGE
 COOPERATIVE LTD.
 321 OLD AIRPORT ROAD
 YELLOWKNIFE NT X1A 3T3
 PH-867-873-5770/EXT 231 or 269 (Voice Mail)
 FAX-867-873-3006

NAME: _____

COMMUNITY: _____

DATE ORDERED: _____

FOOD MAIL ORDER FORM

| MEATS, FISH, DELI | | \$0.80/KG | |
|--------------------------|---------------------------|------------------|---------------------------------------|
| QTY | BEEF SPECIFICS | QTY | POULTRY SPECIFICS |
| | Prime Rib Roast | | Roasting Chicken |
| | Boneless Beef Roast | | Pieces – Legs/Thighs |
| | | | Chicken Breasts (bone In) |
| | Tenderloin | | Chicken Breasts (boneless) |
| | Rib Eye Steak | | |
| | Round Steak | | |
| | Sirloin Steak | | Turkey |
| | T-Bone Steak | | Duck |
| | Strip Loin Steak | | Cornish Hens |
| | Ground Beef | | |
| | Stew Beef | | |
| | Short Ribs | | |
| | Beef Sausage | QTY | FISH |
| | Veal Cutlets | | Arctic Char |
| | | | Cod |
| | | | Snapper |
| | | | Sole |
| QTY | PORK | | Scallops |
| | Pork Roast | | Shrimp – Tiger, Cocktail |
| | Tenderloin | | Lobster Tail |
| | Pork Chops | | |
| | Back Ribs | | |
| | Ground Pork | | |
| | Pork Sausage | QTY | DELI MEATS BY WEIGHT |
| | | | Black Forest Ham |
| | | | Old Fashioned Ham |
| | Sausage, Assorted Variety | | Roast Beef |
| | | | Salami – Swiss/Cervelat/ Hungarian |
| | Ham | | Pepperoni |
| | Whole Leg | | Turkey Breast |
| | Breakfast Ham | | Corned Beef |
| | Side Bacon, Sliced | | Bologna |
| | | | |
| QTY | LAMB | QTY | DELI CHEESE BY WEIGHT |
| | | | Edam |
| | Roast | | Gouda – Reg/Spiced |
| | Leg of Lamb | | Danish Blue Cheese |
| | Rack of Lamb | | Jaarlberg |
| | Lamb Chops | | Feta Cheese |
| | | | Fresh Parmesan |
| | | | Herb Cream Cheese |
| | | | |
| | | | |

NAME _____

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BAKING NEEDS, COOKING OILS, SPICES AND SEASONINGS \$2.15/KG

| QTY | BAKING SUPPLIES | SPECIFICS | QTY | SPECIFICS |
|-----|---|----------------------------|-----|-------------------------------------|
| | Flour | 2.5 Kg/5 Kg/10 Kg | | Mini Puddings, Various, 4s |
| | All Purpose | | | |
| | Enriched White | | | Jello Powders |
| | Unbleached White | | | |
| | Whole Wheat | | | Pie Filling, Cans, 19 oz/28 oz. |
| | Cake and Pastry | | | Apple Blueberry |
| | Dark Rye | | | Cherry Raisin |
| | | | | Lemon Pumpkin |
| | | | | |
| | Sugar | White 1 Kg/2 Kg/4 Kg/10 Kg | | |
| | Cube 500 g | | | Vegetable Cooking Oil 1 l/2 l/3 l |
| | Golden, 1 Kg | | | Crisco |
| | Icing 1 Kg | | | Olive Oil 500 ml/3 l |
| | | | | Pam Spray |
| | Yeast, Dry | 113 g/227 g/454 g | | Lard 1 lb/3 lb Shortening 1 lb/3 lb |
| | Cake Mix | | | |
| | Ready to serve Frosting, Various, 450 g | | | |
| | Bisquick, 1 Kg | | QTY | SPECIES SPECIFICS |
| | Pie Crust Mix, 4 x 9" Pies | | | Salt, 1 kg |
| | Pancake Mix, 1 Kg/1.6 Kg | | | Pepper, Black |
| | Cookie Mix, 900 g | | | Basil |
| | Muffin Mix, 900 g. | | | Bay Leaves |
| | Graham Crumbs | | | Celery Salt |
| | | | | Chilli Powder |
| | | | | Cinnamon |
| | Baker's Chocolate, 225 g | | | Cumin |
| | Chocolate Chips 300 g/ 1 Kg | | | Curry |
| | Raisins 375 g/ 750 g | | | Dill |
| | | | | Dry Mustard |
| | | | | Garlic Powder |
| | Dried Fruit, 375 g | | | Ginger |
| | Currents, 375 g | | | Italian Herbs |
| | Walnuts, 200 g / 400 g | | | Onion Powder |
| | Coconut, 200 g | | | Oregano |
| | Pecans | | | Paprika |
| | Almonds | | | Parsley, Dried |
| | | | | Poultry Seasoning |
| | | | | Sage |
| | Baking Powder, 450 g | | | Seasoned Salt |
| | Cornstarch, 500 g | | | Tarragon |
| | Baking Soda | | | Thyme |
| | Fruit Glace, 225 g/450 g | | | Turmeric |
| | Molasses 675 g | | | |
| | Paper Muffin Cups, MED/LG/JUMBO | | | Shake 'n Bake, Pork/Chicken |
| | Flavour Extracts: Rum/Maple/Lemon | | | Oxo Cubes/Powder, Beef/Chicken |
| | Peppermint/Almond | | | |

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DRY GOODS AND BEVERAGES \$2.15/kg

| QTY | DRY GOODS SPECIFICS | QTY | SPECIFICS |
|-----|------------------------------------|-----|----------------------------------|
| | Canned Soup, 10 oz/19 oz | | PACKAGED COOKIES, |
| | Tomato Mushroom | | DAD'S/CHRISTIE/ETC. |
| | Vegetable Chunky | | |
| | Chicken Noodle | | |
| | | | SNACK CRACKERS |
| | | | RITZ/TRISCUIT/ETC. |
| | Kraft Macaroni and Cheese | | |
| | Hamburger Helper, 220 g | | |
| | Lipton Noodles and Sauce 130 g | | |
| | Macaroni 900 g/2 Kg | QTY | JUICES 250 ml/TETRUS/ 1 L |
| | Egg Noodles, 375 g | | Apple/Orange/Five Alive |
| | Spaghetti, 900 g/2 Kg | | Pink Grapefruit/Lemonade |
| | Rigatoni, 900 g | | Fruit Juice Combo/Raspberry/ |
| | Manicotti 2.25 Kg | | Grape/etc. |
| | Linguini, 900 g | | Sunny D |
| | Fusill, 375 g | | |
| | Fettucini, 900 g | | Tomato Juice |
| | Long Vermicelli, 2 Kg | | V8 |
| | Rotini, 900 g | | Realemon Concentrate, 235/710 ml |
| | Lasagna Noodles, 500 g/750 g | | Lime Juice Concentrate |
| | | | |
| | Kraft Parmesan Cheese, 125 g/250 g | | |
| | | | |
| | Tomato Sauce, 213 g/750 ml | | |
| | Pasta Sauce, 725 ml | | |
| | Tomato Paste, 156 ml/369 ml | | |
| | | | |
| QTY | FRESH PASTA, 350 g/750 g | | |
| | Herb Linguini/Ravioli/Tortellini | | NOT FOOD MAIL |
| | Fettucini | | |
| | | | |
| | Assorted Tortellini, 5 Kg | QTY | *POP, CANS/1 I/2 I |
| | | | Coke/Pepsi/Orange Crush |
| | Soup Crackers, 200 g/450 g/900 g | | Sprite/Rootbeer/Dr. Pepper |
| | | | Lipton Iced Tea/Club Soda/etc. |
| | Minute Rice, 600 g/1.4 Kg | | |
| | White Rice, 907 g/2.27 Kg/10 Kg | | *Instant Drink Powders |
| | Brown Rice, 500 g/2 Kg | | Orange/Tropical Punch/Grape |
| | | | Gatorade/Kool Aid/Tang/Iced Tea |
| | Pot Barley | | |
| | Dried Beans, Various | | *Koala Mineral Water |
| | Split Peas | | *Perrier |
| | Lentils | | *Clamato Juice |
| | | | *Welch's Grape |
| | | | *Gatorade |
| | | | |
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| CANNED FOODS,CEREALS,SPREADS,COFFEE & TEA \$2.15/Kg | | | | |
|--|-----------------------------------|----------------|-----|--|
| QTY | CANNED FRUIT | SPECIFICS | QTY | SPECIFICS |
| | Pineapple Tidbits/Slices/Crushed | | | Peanut Butter, 500 g/1/1.5/2 Kg |
| | Mandarin Orange Segments | | | |
| | Peaches, Sliced/Halves | | | |
| | Fruit Cups, Serving Size 4s | | | Jam, Assorted Flavours |
| | Fruit Cocktail | | | |
| | Apricots, Halved | | | |
| | Prune Plums | | | Honey 500 g/ 1 Kg/1.5 Kg |
| | Applesauce | | | Liquid, Creamed, Unpasteurized |
| | Pears | | | |
| | (water or juice pack – not syrup) | | | Pancake Syrup |
| | | | | Corn Syrup |
| QTY | CANNED VEGETABLES | 12/14/28 Fl oz | | |
| | Peas | | | HOT CEREALS |
| | Creamed Corn | | | Bunny Boy/Red River/ Cream of Wheat/etc |
| | Kernel Corn | | | |
| | Cut Green or Yellow Beans | | | Quaker Oats, Instant, Serving Size |
| | Kidney Beans | | | |
| | Mushrooms | | | Oats, Quick/Slow |
| | Deep Browned Beans | | | 900 g/ 2.25 Kg/ 10 Kg |
| | Pork and Beans | | | |
| | Whole Tomatoes | | | |
| | Crushed Tomatoes | | | COLD CEREAL |
| | | | | |
| | | | | Alpen/Shreddies/Rice Krispies |
| | | | | Corn Flakes, Raisin Bran/Special K |
| | Instant Potatoes | | | Granola |
| | Cooked Ham | | | |
| | Beef Stew | | | Sweetened Condensed Milk |
| | Spam 340 g | | | Evaporated Milk, 385 g |
| | | | | Fry's Coco 250 g/500 g |
| | | | | |
| | CANNED FISH | | | Teabags, 48s/92s/144s/160s |
| | Tuna 134 g | | | Herbal Teas |
| | Salmon 213g | | | |
| | Shrimp 113 g | | | Coffee, Percolator, 300 g/737g/1.1 Kg |
| | Crab 113 g | | | |
| | Clams 142 g | | | |
| | Smoked Oysters 104 g | | | NOT FOOD MAIL |
| | | | | |
| | Minute Rice | | | *Granola Bars, 8s |
| | Brown Rice | | | *Fruit Rollups, 8s |
| | | | | *Coffeemate, 250 g/500 g/1 Kg |
| | | | | *Hot Chocolate |
| | | | | |
| | | | | |

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| CONDIMENTS, SPECIALTY, BULK, CONFECTIONARY \$2.15/Kg | | | |
|---|--|-----|------------------------------------|
| QTY | SPECIFICS | QTY | SPECIFICS |
| | Salad Dressings, 25 ml/500 ml/4 l | | Organic Peanut Butter, 500 gr |
| | Cesar/Catolina/Italian/French/ | | Cashew Butter, 500 gr |
| | 1000 Island/Ranch/etc. | | Vitasoy, 1 l |
| | | | Buckwheat Pancake Mix, 1 kg |
| | | | Falafil Mix, 283 gr |
| | | | Instant Hummus, 170 gr |
| | | | Tamari, 500 ml |
| | Mayonnaise, 250 ml/500 ml/750 ml/1 l | | Tahini |
| | | | Antipasto |
| | Miracle Whip, 250 ml/500 ml/750 ml/1 l | | Chutney |
| | | | Capers |
| | Mustard, French's, 250 ml/500 ml | | Artichoke Hearts |
| | Hot Mustard | | Cooking wine, White/Burgundy |
| | Dijon Mustard | | Cooking Sherry |
| | Ketchup, 1 l/1.5 l | | |
| | | QTY | BULK FOODS BY WEIGHT |
| | Lea and Perrins, 142 ml | | |
| | Mint Sauce, 150 ml | | Specialty Coffee, Various Flavours |
| | Seafood Sauce, 250 ml | | |
| | Horse Radish, 250 ml | | Wild Rice |
| | Tabasco, 51 ml | | Steamed Rice |
| | HP Sauce, 200 ml/400 ml | | |
| | | | Chocolate Chips |
| | | | Walnuts |
| | Relish, 375 ml/500 ml | | Pecans |
| | Olives, 375 ml/500 ml | | Peanuts |
| | Pickles, 500 ml/1 l/1.5 l | | Sierra Mtn Trail Mix |
| | Vinegar, 1 l/2.5 l/4 l | | Royal Mixed Nuts |
| | | | Munchie Mix |
| | Croutons | | Banana Chips, Dried |
| | Soya Sauce, 296 ml/483 ml | | Sunflower Seeds |
| | Oyster Sauce, 350 ml | | |
| | Plum Sauce, 350 ml | | |
| | Sweet & Sour Sauce, 350 ml | | |
| | Chow Mien Noodles, 391 g | | |
| | | | NOT FOOD MAIL |
| | Salsa, 473 ml/907 ml | | |
| | Refried Beans, Canned, 398 ml | | |
| | Taco Shells, 10s | | *Chocolate Covered Peanuts |
| | Jalapeno Peppers, Slices, 357 ml | | *Smarties |
| | | | *Rosebuds |
| | | | |
| | | | *Chocolate Bars |
| | Popping Corn | | *Potato Chips |
| | | | *Tortilla Chips |
| | | | *Chewing Gum |
| | | | *Marshmallows |

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| PAPER PRODUCTS, CLEANERS, MISCELLANEOUS | | \$2.15 KG | |
|--|---------------------------------|------------------|------------------------------------|
| QTY | SPECIFICS | QTY | SPECIFICS |
| | Toilet Paper | | |
| | Garbage Bags, 10s/20s/40s | | Disposable Diapers |
| | 26" X 36" | | |
| | 30" X 48" | | Baby Food |
| | Kitchen Catchers, 48s 20" X 22" | | Baby Formula |
| | | | |
| | Dishwashing Liquid | | |
| | Fabric Softener | | |
| | Bounce, 50 sheets | | Neocitran |
| | Hand Soap | | Anacin |
| | Laundry Soap 2/4/6/8/12 l | | Solercaine |
| | | | Vitamins |
| | | | Cold/Flu Remedy |
| | | | Shampoo |
| | | | Conditioners |
| | NOT FOOD MAIL | | |
| | | | |
| | *Paper Towels | | |
| | *Serviettes | | |
| | *Kleenex | | NOT FOOD MAIL |
| | | | |
| | *Aluminium Foil | | |
| | *Saran Wrap | | *Matchbooks 50s/250 wooden |
| | *Glad Cling Wrap | | *Toothpicks |
| | *Ziploc Storage Bags, 36s | | *Charcoal Briquettes 5/10/20 lb |
| | *Sandwich Bags | | *Styrofoam Cups |
| | *Waxed Paper | | *Paper Plates |
| | *Lunch Bags | | *Plastic Knives, Forks, Spoons 24s |
| | | | |
| | *SOS pads, 10s/18s | | *Light Bulbs |
| | *Chore Boy | | *Kitchen Tools |
| | *Windex | | *Corelle Dinner Wear, 20 Pieces |
| | *Oven Cleaner | | *Cutting Board, Plastic |
| | *J-Cloth, 8s | | *Measuring Cup |
| | *Fantastik | | *Oven Mitts |
| | | | Etc. |
| | *Pine Sol | | |
| | *Spic And Span | | *Shaving Cream |
| | *Javex Scrub'n Shine | | *Razors |
| | *Comet Cleaner | | |
| | *Lysol | | *Mosquito Coil |
| | *Vim | | *Insect Repellent |
| | *Drano | | |
| | *Rubber Gloves SM/MED/LRG | | *Newspapers |
| | | | *Magazines |
| | *Bleach | | |
| | *Ammonia | | *Cigarettes |

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